



Free Autism Workshops

A series of live virtual workshops for professionals working with children and young people with autistic spectrum conditions and their families across Hampshire and the Isle of Wight, Berkshire, Buckinghamshire, Oxfordshire, Surrey, Sussex and Kent.

Feb

Course	Date	Time
Meltdowns and shutdowns	Thursday 3rd February	14.00 - 16.00
ASC and learning disabilities	Tuesday 15th February	10.30 - 12.30
Autism and adolescence	Tuesday 15th February	10.00 - 12.00

Mar

Course	Date	Time
Autism and girls	Tuesday 1st March	10.00 - 12.00
ASD and anxiety	Wednesday 2nd March	10.00 - 12.00
Communication on the autism spectrum	Tuesday 8th March	10.30 - 12.30
Demand Avoidance	Tuesday 22nd March	10.30 - 12.30
ASD versus attachment difficulties	Tuesday 22nd March	14.00 - 16.00
Emotional support for young people with ASC	Thursday 24th March	10.00 - 12.00
Supporting non-verbal autistic children and young people	Thursday 24th March	13.00 - 15.00

Apr

Course	Date	Time
Sensory processing on the autism spectrum	Tuesday 5th April	10.30 - 12.30
Recognising the signs of ASC	Tuesday 5th April	10.00 - 12.00
Autism, self-harm and self-injury	Thursday 7th April	09.30 - 11.30
Meltdowns and shutdowns	Thursday 14th April	14.00 - 16.00
Autism, self-harm and self-injury	Thursday 28th April	14.00 - 16.00

May

Course	Date	Time
Communication on the autism spectrum	Tuesday 3rd May	10.30 - 12.30
Selective mutism in children and young people with autism	Thursday 4th May	10.00 - 12.00
Supporting LGBTQ+ children and young people with Autism	May 5th May	10.00 - 12.00
Supporting non-verbal autistic children and young people	Tuesday 10th May	10.00 - 12.00

For full course details and to book your place, please visit our main Eventbrite page:
www.westsussexmind.eventbrite.com

About these workshops

These workshops are being delivered as part of the Autism Professionals Programme for people working with and supporting children and young people with autistic spectrum conditions and their families across Kent, Surrey and Sussex. The programme is funded by NHS Health Education England.

Format

The live workshops will be delivered via Zoom and will not be recorded. Each workshop will be limited to a maximum of 30 attendees. Sessions are designed to be interactive.

Feedback

Attendees will be required to complete a short feedback form for submission to Health Education England. You will be asked to confirm your agreement to this during the registration process.

Core Capabilities Framework for Supporting Autistic People

The workshops underpin many of the core capabilities in the Framework for Supporting People with Autism, recently delivered by Health Education England. For more information, please visit:

www.westsussexmind.org/training-courses/online-training/supporting-young-people/for-professionals-and-volunteers/health-education-england-autism-and-learning-difficulties-workshops-winter-spring-2021

Contact

If you have any enquiries or need to cancel your place on a course, please email the training team at training@westsussexmind.org or call us on 07943 999792.